

# Overview of the Human Rights Complaint Process

**1** Contact us and file a Human Rights Complaint Form.

**2** We apply the Human Rights Act to the complaint to see if we can help.


**3** We try voluntary mediation to resolve the complaint.

**4** We investigate the complaint if it is not resolved. **Due to current case loads, this step takes time.**

**5** The Human Rights Commissioners decide if there is enough evidence to go to a hearing.

**6** A Human Rights Adjudicator decides if discrimination happened or not.



 709-729-2709



@NLHumanRights

For more information, please visit: [thinkhumanrights.ca](http://thinkhumanrights.ca)